

Information For the User
TELMISARTAN 40 MG + METOPROLOL SR 25 MG

Telbolife Beta 25 Tablet

Brand Name: Telbolife Beta 25 Tablet

Dosage Form: Tablet

Therapeutic Category: Antihypertensive

Composition:

Each uncoated bilayered tablet contains:

- **Telmisartan I.P.** – 40 mg
- **Metoprolol Succinate I.P.** (as sustained-release) – 25 mg

Description:

Telbolife Beta 25 Tablet combines **Telmisartan**, an angiotensin II receptor blocker (ARB), and **Metoprolol Succinate**, a selective β_1 -adrenergic receptor blocker, providing synergistic action for the management of hypertension. Telmisartan relaxes blood vessels, reducing blood pressure, while Metoprolol lowers heart rate and cardiac output, offering dual protection for cardiovascular health.

Indications:

- Management of essential hypertension.
- Reduces the risk of cardiovascular events such as stroke and myocardial infarction in high-risk patients.
- Adjunct therapy in patients not adequately controlled on monotherapy.

Dosage and Administration:

- **Recommended Dose:** One tablet daily, or as directed by the physician.
- The tablet should be swallowed whole, preferably with water, and not crushed or chewed.
- Administered preferably at the same time each day, with or without food.

Contraindications:

- Hypersensitivity to Telmisartan, Metoprolol, or any component of the formulation.
- Cardiogenic shock, severe bradycardia, second or third-degree heart block (without pacemaker), overt cardiac failure.
- Severe hepatic impairment.
- Pregnancy and lactation.

Precautions:

- Regular monitoring of blood pressure, heart rate, renal function, and electrolyte levels is recommended.
- Caution in patients with bronchospastic diseases, diabetes mellitus, peripheral vascular disease, and thyroid disorders.

- Gradual withdrawal is advised; sudden discontinuation may exacerbate angina or lead to myocardial infarction.

Adverse Effects:

- **Common:** Dizziness, fatigue, bradycardia, hypotension, headache.
- **Serious:** Heart failure, atrioventricular block, bronchospasm, hyperkalemia, renal impairment.

Storage:

- Store in a cool, dry place below 25°C.
- Protect from light and moisture.
- Keep out of reach of children.

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

Plot no.: 367-FF, Industrial Area Phase-I,

Panchkula-134113

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